

## **PREOPERATIVE INSTRUCTIONS FOR PATIENTS RECEIVING IV SEDATION**

- 1.) **Do not eat or drink anything for at least 6 hours prior to your surgery appointment.** This includes coffee. It is imperative that you have an empty stomach at the time of your surgery. You will be able to eat soft, bland food after your appointment once the anesthesia has worn off.
- 2.) You must be accompanied by an adult who will be responsible for escorting you home and caring for you after surgery. **You cannot drive yourself home from your appointment or for the remainder of the day** because our medication will alter your judgment for several hours and could lead to injuries to yourself and others. Your driver must be present in the office during your surgery. Do not bring children with you to your appointment. You will be able to drive the morning after surgery.
- 3.) Please wear comfortable clothing with a short sleeve shirt. This will help us with taking your blood pressure and in giving you intravenous medications. Also, please do not wear base makeup (foundation or powder), blush, lipstick, or heavy fingernail polish.
- 4.) If you take any daily medication, you may take it as usual on the day of your appointment with just enough water to swallow it. If you take aspirin, stop taking it **5 days** prior to surgery.
- 5.) You will be given detailed post op instructions to follow your surgery at your appointment. If Dr. Cosimi prescribes medication for you, it will be called into the pharmacy of your choice. It is important that you pick up all prescribed medication and take it exactly as directed. **If you are taking narcotic pain medication after surgery, you will not be able to drive, operate machinery, transact business, or drink alcohol.**
- 6.) Any patient portion is due at the time of service and will be collected from you prior to being sedated.
- 7.) If you have any questions about your treatment, please remember to have them answered by Dr. Cosimi or his staff prior to being sedated.

Office phone: 618-997-2403

Dr. Cosimi's emergency number: 618-530-4546